The Impact of Access: How Signals, Intersections, and Driveways Impact Our Safety, Mobility, and Economy!

> COMPASS March 11, 2010



Philip Demosthenes Denver, Colorado 303-349-9497

TRB Access Mgmt Conference, Natchez Mississippi, October 2010



Why we need access management in today's economic situation

- Helps preserve capacity
- Significantly reduces the human carnage on the roadway
- Thereby helping prevent the costs and suffering associated with accidents
- Preserving roadway function to reduce the need to re-construct.

Why Access Mgmt Important Today?

- It supports sustainability
- It is cost effective
- It preserves the function of roadways
- It reduces accidents
- It improves capacity



What is Access Management

- Managing each point of access to a road.
- Driveways and intersections
- Interchanges and interchange crossroads
- Goals: Smoother traffic flow
- Better travel times
- Less stressful drive
- Fewer accidents

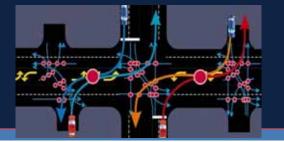


SAFETY is a big component of Access Management



In its simplest form, Access Management is Conflict Management

• If you reduce the rate and severity of conflicts the motorist encounters, you will reduce the crash rate, the injury rate and increase the smooth flow of traffic.



Roadways are the Most Dangerous Public Facilities on the Face of the Earth

- In the US, about 800 people are killed each **week**
- 16,000 Crashes each day
- 6,500 Injuries each day

• The leading cause of death of a child, age 3 to 14 is a traffic crash.



•32 fatal week, >3,000 inj.

At the current U.S. crash rate, one child of every 90 born today will die violently in a motor vehicle crash. 70 out of every 100 will be injured at some point in their lives.



AASHTO Strategic Highway Safety Plan, December 2004

Fatal Rates, International Comparison

- UK, 6.1 per 100,000 population.
- Japan, 7.0 per 100,000
- Australia, 8.2 per 100,000
- US, 13.69 in 2007

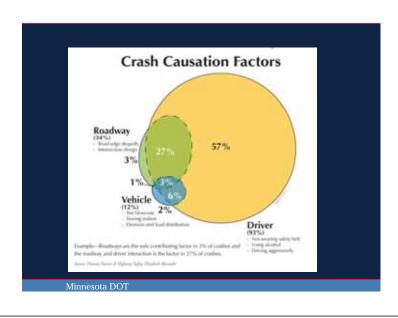


Idaho Fatal Rates Higher

	Year	Fatalities		Fatalities Per 100 Million Vehicle Miles Traveled	Total Population	Fatalities Per 100,000 Population
	Idaho	252	15,782	1.60	1,496,145	16.84
2007	US	41,259	3,032,399	1.36	301,290,332	13.69
	Best State*			0.79		6.55
	Idaho	232	15,251	1.52	1,523,816	15.22
2008	US	37,261	2,973,509	1.25	304,059,724	12.25
	Best State*			0.67		5.59
Per population: OR= 10.98 WA= 7.96 Utah= 10.05						

Managing road design

- Do we design for the vehicle?
 Size, stopping distance
- Or for the driver?
 - Reaction time, speeding, inattentiveness
 - Work load, conflict frequency
- "6,000 people died last year (2008) in accidents that involved someone texting or talking on their phone. Another 500,000 were injured." (Dec 2009) Victor Mendez, Administrator, Federal Highway Administration



- If no human errors, there should only be 7% of the current crash history
- human error contributes to the other 93%
-)
- Each Year
- Idaho crashes drop from 26,000 to 1,800
- Injuries drop from 13,000 to 900.
- This will not happen.

Again

- Do we design for the vehicle?
 Size, stopping distance
- Or for the driver?
 - Reaction time, speeding, inattentiveness
- Conflict management is designing for the driver

Driver Work-Load is a Rate

- Speed = increases work load rate
- Conflict frequency = increases work load rate
- High work load = higher crash rate

AM Strategy: Driver Work-Load can be modified by good planning and design

- Access Related crashes at driveways and intersections represent over **55** percent of all traffic crashes. 65% to 75% in urban areas
- More than 3.5 million access related crashes annually.
- Over 3,500 access related injuries each day.

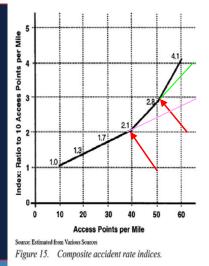


There is no such thing as a Safe Access.

As the number of access points per mile increase, so does the frequency of total highway collisions.

The crash rate also increases. Each access = 4%

NCHRP 420



Every Access Point is Fundamentally a Safety Problem

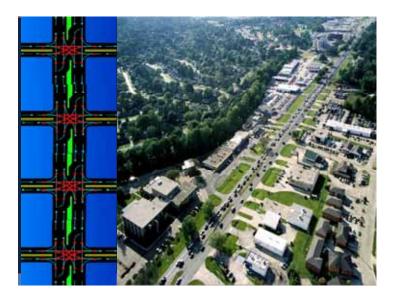
• Issuing an access permit is a decision to diminish public safety and roadway function.





- Crashes reduced by 30 to 60 percent
- Capacity increased by 20 to 40 percent





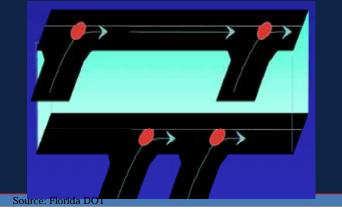
If a roadway program or project can reduce the crash rate from 12.5 to 3.5 per MVM

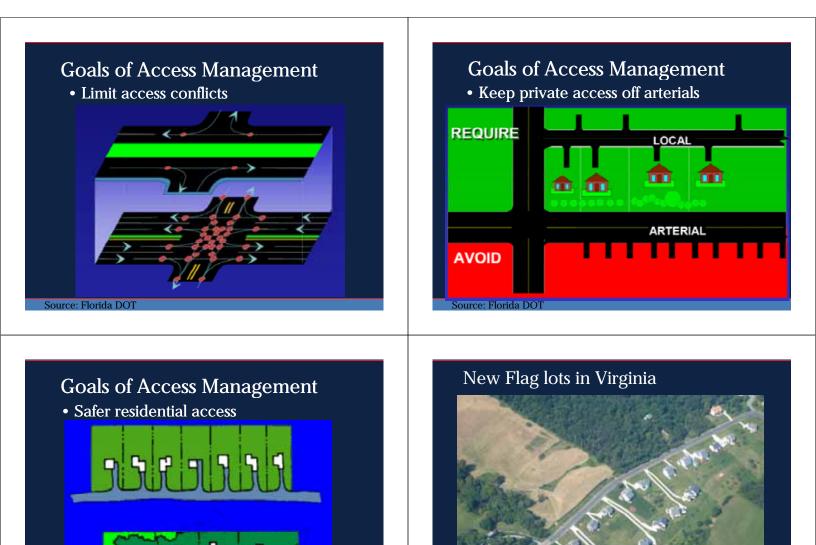
For a Typical 3 Mile Section of 4 Lanes at 37,000 daily traffic	Top Highway	Bottom Highway				
Number of Conflict points	1,641	324				
Number of Crashes Expected in 5 years	2,435	680				
Cost of Crashes in 5 years	\$ 26.5 M	\$ 7.5 M				
Average Speed	25 MPH 44 MPH					
3.5 vs 12.5 mvm						



Goals of Access Management

• Separate conflict points





AM is not just access permits, ideally, it starts with long range planning

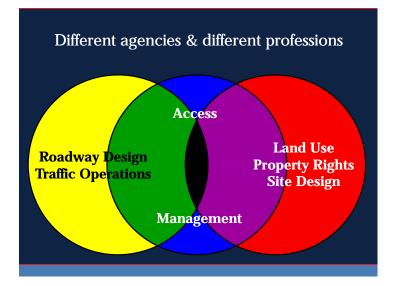
e: Florida DO

Sour



Why is Access Management Difficult to Execute

- Legal considerations Property rights
- Crosses professional and agency organizational lines
- Reluctance of highway agencies to deal with land side issues
- Failure of elected officials to put into practice what is necessary for safety



Successful Programs have Three Major Elements

- 1) A hierarchical access classification system for all roadways to align the level of access control with the intended function of the road.
- 2) Specific design and engineering criteria to determine access location and design.
- Procedures that guide the application, evaluation and decision process for a permitting program.

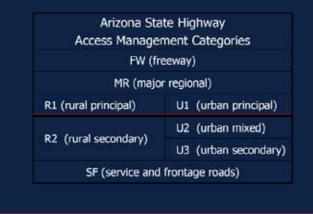
System Wide Access Classification System

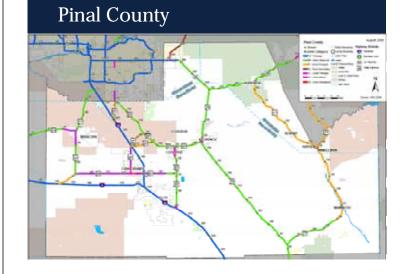
- Sets the system hierarchy
- The access classification determines the answer to the question:
- May I have access to the roadway?

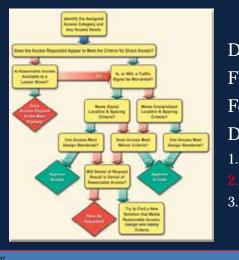


Decision Flow Chart For Permit Decision: 1. Qualify? 2. Location 3. Mitigate

Access Categories to Manage by Function







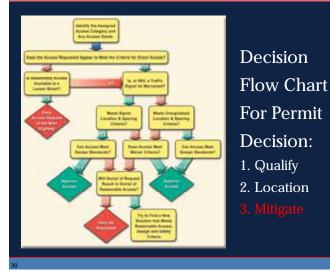
Decision Flow Chart For Permit Decision:

- 1. Qualify
- 2. Location
- 3. Mitigate

Location Determination

• First – Decision Sight Distance (AASHTO)

Posted speed in MPH	25	3)	35	40		45	50	55	60	65	70
Distance in feet	625	5 71	5	800	890		980	1125	1220	1275	1365	1455
Second – Spacing from other accesses												
Posted speed in MPI	1 2	5 3	30	35	40)	45	50	55	60	65	70
Approach Spacing	20	02	50	360	42	5	495	570	645	730	820	910
Bottom line – stopping sight distance (adj for design speed)												
Posted speed in MPH	25	30	3	35	40	4	5	50	55	60	65	70
Sight distance (in ft.)	160	210	2	65	320	31	85	455	530	610	695	785



Arizona Turn Lane Warrants (2008 draft)

Access	Left-turn	Decel	Right-turn Decel Lane			
Category	At/Above 45 MPH Below 45 Mi		At/Above 45 MPH	Below 45 MPH		
MR	MR 10 AADT 1		5 VPH	10 VPH		
U1	10 VPH	10 VPH	10 VPH	10 VPH		
U2	10 VPH	15 VPH	15 VPH	15 VPH		
U3	10 VPH	25 VPH	15 VPH	25 VPH		
R1	10 VPH	10 VPH	10 VPH	10 VPH		
R2	10 VPH	15 VPH	10 VPH	15 VPH		
SF	10 VPH	25 VPH	15 VPH	25 VPH		

Deceleration Lane Length Options

Speed in MPH	35	45	55	65
Deceleration Length, Ft.	215	345	510	710

10 mph speed differential for normal arterial

Speed in MPH	35	45	55	65
Deceleration Length, Ft.	350	630	810	1060

Zero mph speed differential For major arterial, expressway

Deceleration turn-lane length by access category

Posted Speed Limit	25	30	35	40	45	50	55	60	65	70	75
MR	210	280	350	490	630	700	810	930	1060	1100	1350
R1 or U1,	110	160	215	275	345	425	510	605	710	820	950
R2, U2, U3, & SF	105	145	190	245	300	365	435	510	590	680	800
Transition Taper length	50	50	50	50	75	75	75	75	75	100	100

• Values above are taper and decel length

• Storage length is added to above values

Minimum Design

- Minimum design means
 - minimum capacity
 - minimum safety
 - minimum costs.
- Permits should act to minimize the impacts of the new access
- Don't allow a minimum design.

Legal Issues in Access Management

• Property rights do not include the right to create safety problems on public facilities



Legal Issues in Access Management

- Owners have a right to access their property.
- They have a right to demand clear and concise requirements and procedures.

Legal Issues in Access Management

- Less of a problem if you have a prepared program with clearly defined and reasonable standards.
- You are managing access rights, not managing traffic.



Police Power

• The power of the government to act in furtherance of the public good to promote the public health, safety, morals and general welfare, **without incurring liability** for the resulting injury to private individuals.

Can We Manage Access without Compensation?

- Allowing uncontrolled access would not be a concern if there no safety or operational problems.
- What do we know about the need manage access and justify standards?

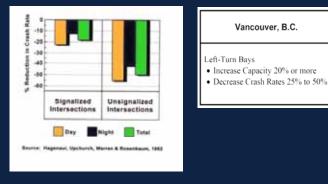
TURN LANES

• Are critical for both capacity and public safety

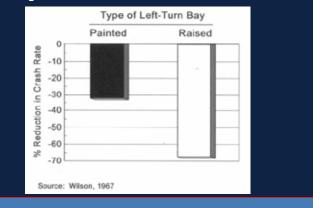
No left turn has greatest impact



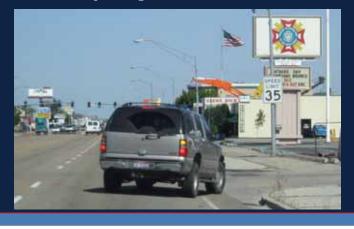
Adding left turn bays reduced the crash rate (Vancouver BC)



Adding painted left turn compared to raised left turn

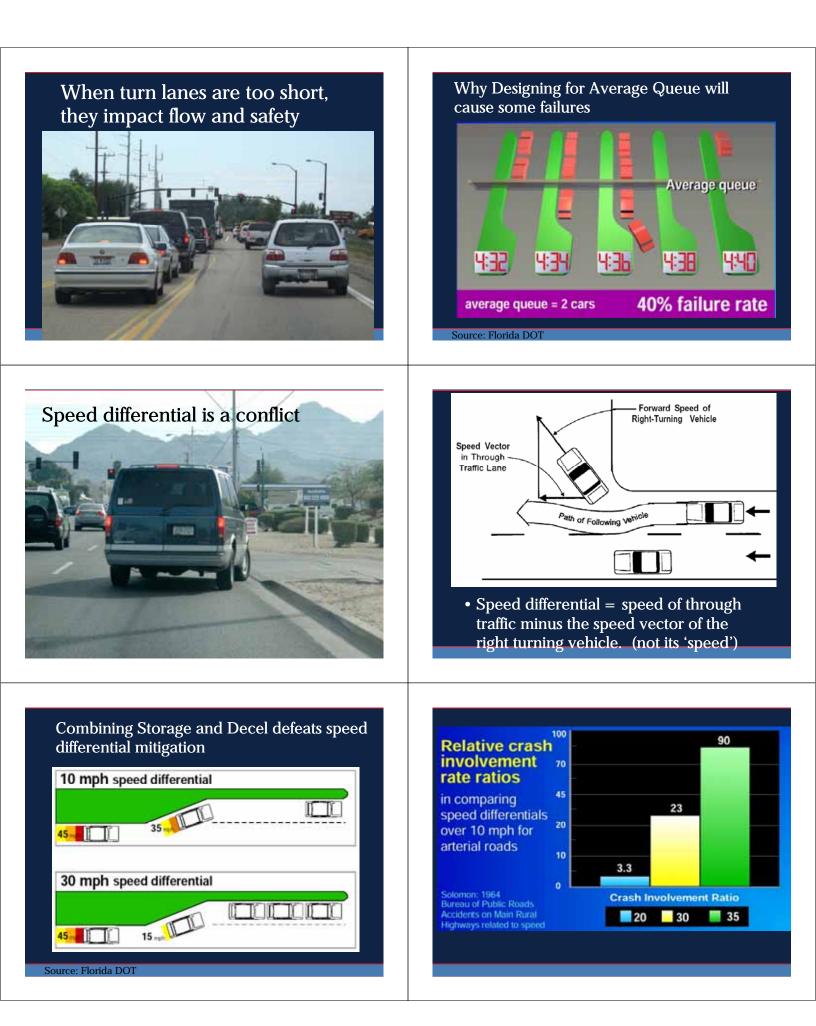


Driveways impact flow and conflict



No Right Turn lane reduces signal capacity, increases delay



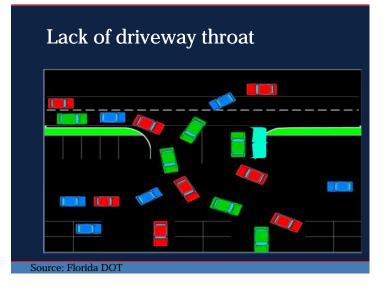


New Boise subdivision without right-turn lane



Goal - Good Turn Lanes





Left Turns Dominate Crash History

Driveway

27%

10%

Street

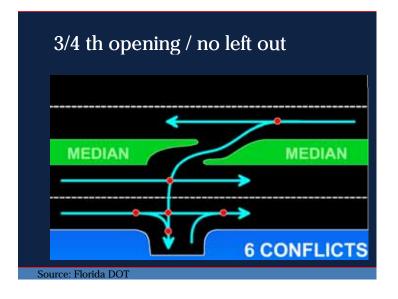
47%

Using Medians to Improve Operation and Safety

Raised or Painted Median?

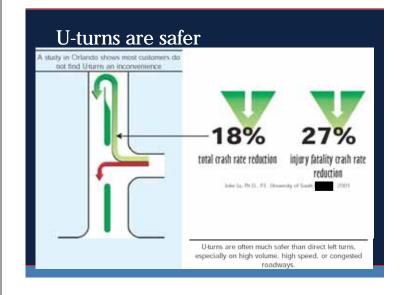
- Generally, > 25,000 daily means higher collision rate
- Painted medians are cheaper
- Paint does not control left turns
- Painted medians do not allow signs
- Raised medians have lower crash rates

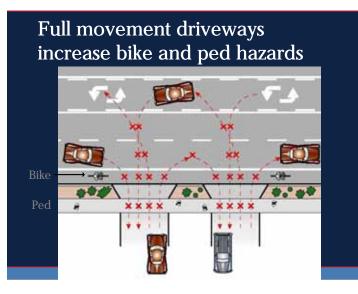
Overlapping Left-Turn Movements Median Types on TWLTL • Painted medians often need 'short' medians (for left turn bays) Cross Street 6-9AM Do Not Us TWLTL has limits Thru Traffic Mixed Median use in Phoenix Median eliminates all left turns and the related problems + MEDIAN 2 CONFLICTS Source: Florida DOT



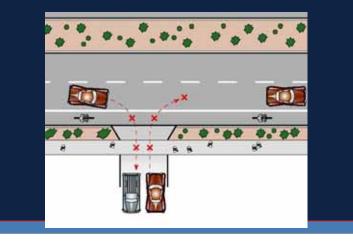


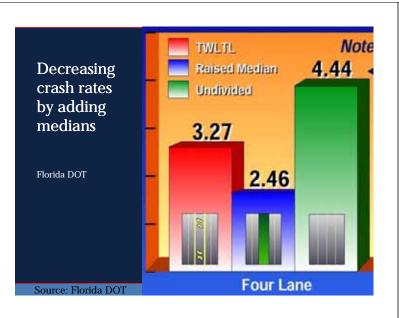






Medians reduce bike and ped conflicts







Memorial Drive, Atlanta; 35-55K ADT



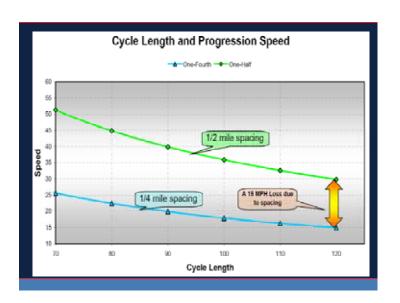
Post Project – Memorial Drive

- 37 % drop in Total Accident Rate
- 48 % drop in Injury Rate
- 59 % drop in Mid-block Injury Rate
- 40 % drop in Intersection Injury Rate
- Project has saved at least 15 lives and has prevented thousands of accidents since completion.

Traffic Signals and Spacing

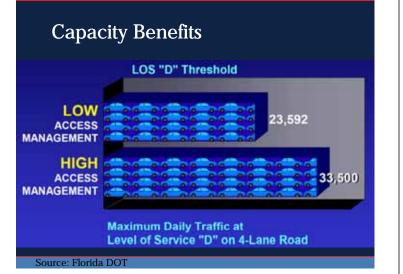
Traffic signals produce and greatest amount of Conflict and Workload





Similar Capacity

- 4 lane divided roadway with 1/2 mile signal spacing
- 6 lane divided roadway with 1/4 mile signal spacing



Access Management for Practicement Malarg Your Readings Last Larger Matching Court of Access to Access to

3.9 - 8.2	
4.8 - 8.7	
6.0 - 9.5	
	4.8 - 8.7

from Gluck et al., NCHRP Report 420

Signals create rear-end conflicts



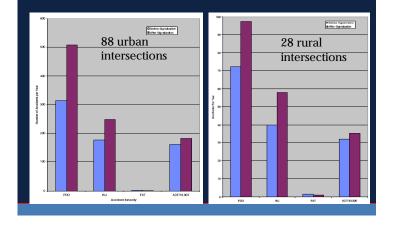
Without Exception, Traffic Signals are hazardous

- They may be less hazardous than the current situation
- They are not a safety enhancement.
- They allow safer left turns

Relative crash frequency

- RURAL intersections
 - 0.7 per year unsignalized
 - 4.8 per year if signalized
- URBAN intersections
 - 1.4 per year unsignalized
 - 6.2 per year if signalized

Signals Increase Accidents

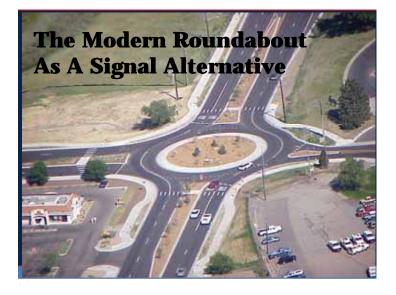






Why Roundabouts

Why are they replacing traffic signals





Roundabouts replaces traffic signals in Golden and Avon CO

Avon, Colorado

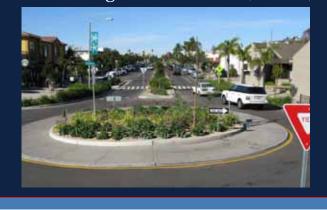


Crash reductions - Golden CO (3 years before & after)

- Commercial strip, 4 + TWLTL
- 60% drop in Crashes (mvm)
- 94% drop in injuries
 - Only 1 vehicular injury crash in 3 years (previous 3 years were 31)
- No Pedestrian crashes

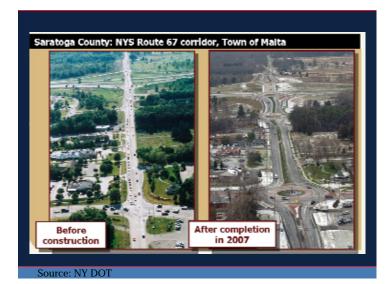


Context Sensitive – Rebuilt 1940s arterial using 5 Roundabouts (21k adt)









	measurements taken sately 5:00 PM	in the eastbo	und directio	in at
-	AND ADDRESS OF A DESCRIPTION OF	7 Corridot, Town fore and After Ro		ruction
		Before June 7, 2005	After Oct. 5, 2006	After June 19, 2007
Begin	State Farm Rd	0	0	
Arrive	1-87 Southbound Ramps	0:40	0:27	0:2
Leave	I-87 Southbound Ramps	2:22	0:30	0:3
Arrive	1-87 Northbound Ramps	2:40	0:52	0:4
Leave	1-87 Northbound Ramps	2:40	0:55	0:5
Arrive	Malta Commons	2:56	1:14	1:0
Leave	Malta Commons	3:08	1:16	1:0
Arrive	US 9 Intersection	3:38	1:49	1:4
Leave	US 9 Intersection	6:23	1:57	2:0
Total Th	me Through Corridor	6:23	1:57	2:0
	eduction in Travel Time I		and the second se	



- Bend Oregon, pop 65,000 has 23 single lane roundabouts
 Carmel Indiana, Pop 70,000, has over 50 roundabouts
- Colorado Spgs CO pop 450k has 44+ roundabouts
- Over 220 in Colorado

NEW YORK STATE

Department Of Transportation

- NYSDOT- "Signal Policy"
- "When the analysis shows that a roundabout is feasible, it should be considered the Department's preferred alternative due to the proven substantial safety benefits and other operational benefits."

Commercial Area



Dual RBT in Commercial Area

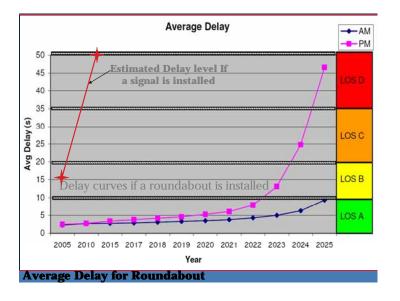


Many states are replacing isolated rural signals with roundabouts



Increased Traffic Capacity

• Will typically outperform a traffic signal in terms of delays and queues







Hi-speed rural in Lafayette, Louisiana Ten more urban ones in design







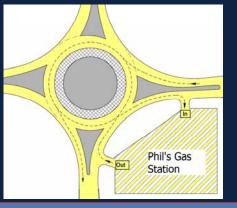
Photo from Michigan DOT

Access Control and Roundabouts

- Are traffic signals obsolete?
- Roundabouts achieve 70 to 90% injury crash reduction compared to signal.
- Roundabouts with nontraversable medians between – the best AM solution.



While it should not be encouraged for new development, it helps in retrofit situations



TRB National Roundabout Conference Next: May 2011, Carmel Indiana

For Previous conference materials go to <u>www.teachamerica.com/roundabouts</u> /<u>ra_conference.htm</u>

Access Management Planning

- A plan for a specific segment
- Joint effort to set function and purpose
- Determine performance measures
 Safety, capacity, efficiency
- Level of allowable private access
- Locations of public intersections
- Final joint agreement for all access permitting.



US 20/26 Preservation Study





US 20/26 from I-84 to Eagle Road (15 mi)

- Crash History (January 1999 July 2005)
 - Total Crashes: 500
 - Fatal Crashes: 8
 - Injury Crashes: 230
 - Access Related Crashes: 338 (67%)
 - 73% of Injury Crashes were Access Related
 - 62% of Fatal Crashes were Access Related

Traffic Growth Estimates

U.S. 20/26 Traffic Volumes						
Eagle Road to I-84 (Caldwell)						
Road Segment	2005	2030*				
Eagle to Black Cat	14,000 - 21,400	38,000 - 52,000				
Black Cat to Midland	12,000 - 15,000	24,000 - 32,000				
Midland to I-84	10,000 - 12,000	19,000 - 23,000				

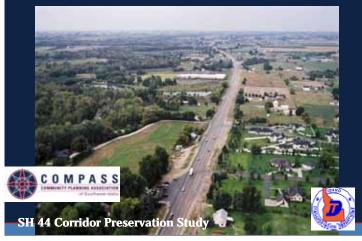
*Based on Community Planning Association of Southwest Idaho demographics

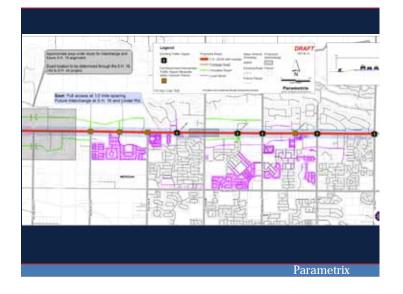
From RBCI

- We thought we would suggest ¹/₂ mile
- Resounding public wanted 1 mile
- Strong interests in maintaining travel time.
- No other nearby route available.









Lengthy queues and delay



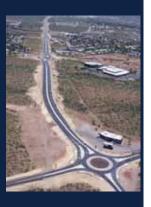




- RBTs are safer
- Medians and RBTS are safest
- Circulation parallel.
- How can we integrate RBTs and medians into our "old" thinking?
- Can we just flip a switch? Yesterday signals and today RBTs? Why not?

Access Control and Roundabouts

- Are traffic signals obsolete?
- Roundabouts achieve 70 to 90% injury crash reduction compared to signal.
- Roundabouts with nontraversable medians between – the best AM solution.



Arizona DOT



Draft network to support employment, residential, and airport growth



Fairview, W of Orchard, widening, more capacity and managed access.





Draft Concept for a Portion of Fairview



Interchange Access Planning



No Plan, No Vision, No Controls



How Can Local Governments Institute Access Management Strategies

- Local Comprehensive Plan
- Land development and subdivision regulations
- Roadway & access design standards
- Site plan review criteria
- Corridor management plans

Federal Highway Administration Office of Operations Washington, DC www.ops.fhwa.dot.gov/access_management



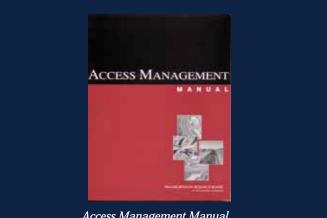
CD with report and movie is available: Neil Spiller at FHWA Neil.Spiller@dot.gov

COMPASS is the MPO for the Boise/Nampa urbanized area – Idaho (2008)

Access Management Toolkit

Prepared by Community Planning Association of Southwest Idaho

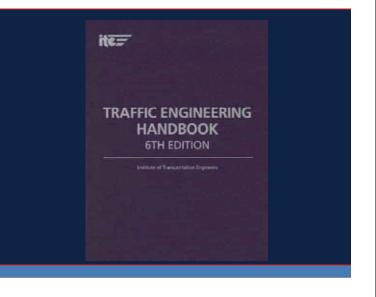


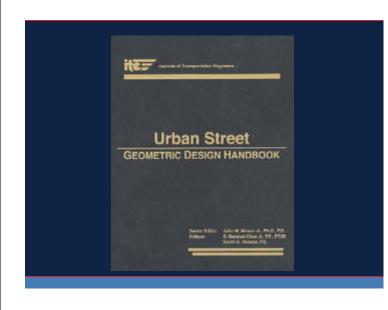


Access Management Manual. Transportation Research Board of the National Academies Washington, D.C., 2003.



Stover, V.G. and Koepke, F. J., *Transportation and Land Development,* 2nd Edition, Institute of Transportation Engineers, Washington, DC, U.S.A., 2002





NCHR **REPORT 548**

NATIONAL COOPERATIVE HIGHWAY PROGRAM

A Guidebook for Including **Access Management** in Transportation Planning

Key Resources

- Access Management Manual, TRB 2003.
- Large collection of reports, presentations, references and conference proceeding, <u>http://www.accessmanagement.info</u>
- The biennial TRB National Conference on Access Management. Next conference, Natchez, Mississippi, Oct 13-16, 2010.
- NCHRP Report 548: A Guidebook for Including Access Management in Transportation Planning, TRB, 2005.
- Recent Geometric Design Research for Improved Safety and Operations, TRB 2001.
- Intersection Safety Issues Brief #8: Toolbox of Countermeasures and Their Potential Effectiveness to Make Intersections Safer, FHWA, ITE 2004.
- Transportation and Land Development, 2nd edition, ITE, 2002.
- *The Access Management Guidebook: Reducing Traffic Congestion and Improving Traffic Safety in Michigan Communities*, Planning and Zoning Center, Inc., for the Michigan DOT, 2001.



Movie from the Insurance **Institute for Highway Safety**

Site Design and Access Control











Questions

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Hierarchy

- Local Speeds 12 to 30
- Collector Speeds 25 to 35
- At grade Arterial Speeds 35 to 65
- Freeway Speeds 55 to 75

Why there is a hierarchy

- No one wants driveways on a freeway
- No one wants freeway traffic on a residential street.
- Freeway shouldn't be narrow and residential streets shouldn't be wide
- Separating the driving purposes
- Separating the capacity demands
- Separating the speed demands
- #1 allows the design to fit the purpose

Guidebook for communities, by Michigan DOT (2001)

