

Work Smarter Not Harder to Improve Transportation

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Making Connections

Improving Mobility and Design in the Treasure Valley 26 March 2008 Boise, Idaho





















Create Paradise

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Paradise is not a distant place, it is something we can create in our own communities.

Past Visions of Future Transport

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1949 ConvAIRCAR Flying Car



1958 Firebird



Segways

2001 A Space Odyssey



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Wheeled Luggage

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Sustainability

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- Sustainability emphasizes the integrated nature of human activities and therefore the need for coordinated planning among different sectors, jurisdictions and groups.
- Sustainability planning is to development what preventive medicine is to health: it anticipates and manages problems rather than waiting for crises to develop.



Wealth Versus Happiness

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Paradigm Shifts

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- Growth expanding, doing more.
- **Development** improving, doing better.



Mobility - physical movement.

Accessibility obtaining desired goods, services and activities.

Trends Supporting Multi-Modalism



- Motor vehicle saturation.
- Aging population.
- Rising fuel prices.
- Increased urbanization.
- Increased traffic and parking congestion.
- Rising roadway construction costs and declining economic return from increased roadway capacity.
- Environmental concerns.
- Health Concerns

What is "The" Transportation Problem?

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- Traffic congestion?
- Road construction costs?
- Parking congestion or costs?
- Excessive costs to consumers?
- Traffic crashes?
- Lack of mobility for nondrivers?
- Poor freight services?
- Environmental impacts?
- Inadequate physical activity?
- Others?



Current Transport Planning

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Current planning tends to be reductionist: each problem is assigned to a single agency with narrowly defined responsibilities. For example:

- Transport agencies deal with congestion.
- Environmental agencies deal with pollution.
- Welfare agencies deal with the needs of disadvantaged people.
- Public health agencies are concerned with community fitness.
- Etc.

Reductionist Decision-Making

Reductionist planning can result in public agencies implementing solutions to one problem that exacerbate other problems facing society, and tends to undervalue strategies that provide multiple but modest benefits.



Win-Win Solutions

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Put another way, more comprehensive planning helps identify "Win-Win" strategies: solutions to one problem that also help solve other problems facing society.

Ask:

"Which congestion-reduction strategy also reduces parking costs, saves consumers money, and improves mobility options for non-drivers."

Comparing Benefits

Planning Objectives	Expand Roadways	Efficient and Alt. Fuel Vehicles	Mode Shifts
Reduce traffic congestion	\checkmark		\checkmark
Roadway cost savings			\checkmark
Parking cost savings			\checkmark
Consumer cost savings			\checkmark
Improve mobility options			\checkmark
Improve traffic safety			\checkmark
Energy conservation		\checkmark	\checkmark
Pollution reduction		\checkmark	\checkmark
Land use objectives			\checkmark
Public fitness & health			\checkmark
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Congestion Costs



Traffic Fatalities



U.S. Crash Rates



Smart Growth Safety Impacts



Household Transport Expenditures



Annualized Costs

Non-motorized	Public Transport	Automobile
		Roads \$500
Bikes: \$150		Parking \$1,000
Sidewalks/Paths: \$100	Fares \$500	Fuel \$1,500
Shoes: <u>\$50</u>	Subsidies <u>\$100</u>	Vehicle <u>\$3,000</u>
\$300	\$600	\$6,000

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Jobs Created



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Value of Highway Expansion

When major highway systems were being developed in the 1950s and 60s they provided high returns on investment. Now that the system is more mature, economic returns have declined.



Travel Distances Versus Time

Walking represents a small portion of travel distance but a large portion of travel time, particularly in urban areas



How Important is Walking?



If, instead of asking, "What portion of trips are **only** by active transport? We ask, "What portion of trips involve **some** active transport?" the portion of active transport typically increases 2-6 times.

What Gets People Moving?

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Walking is a natural and essential activity. If you ask sedentary people what physical activity they will most likely to stick with, walking usually ranks first.





Equit

A more diverse transportation systems helps achieve equity objectives:

- A fair share of public resources for non-drivers.
- Financial savings to lower-income people.
- Increased opportunity to people who are physically, socially or economically disadvantaged.
- Basic mobility.

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Win-Win Transportation Solutions

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Market reforms justified on economic principles that help provide various economic, social and environmental benefits.

- Improved travel options.
- Incentives to use travel alternatives.
- Accessible land use.
- Policy and market reforms.



Mode Shifts



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How do we convince people who drive luxury cars to shift mode?

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Attracting Discretionary Riders

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- Quality service (convenient, fast, comfortable).
- Low fares.
- Support (walkable communities, park & ride facilities, commute trip reduction programs).
- Convenient information.
- Parking pricing or "cash out".
- Integrated with special events.
- Positive Image.



Ridesharing

Market studies suggest that a third of suburban automobile commuters would consider vanpooling, if it had:

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- Flexibility.
- High Occupant Vehicle priority lanes and parking.
- Financial incentives.
- Integration with public transit.
- Employer support.



Employee Trip Reduction Programs

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Employers encourage employees to walk, bicycle, carpool, ride transit and telework rather than drive to work.

Transport Management Association

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Ride-On in San Luis Obispo County: develop and implement creative solutions to transportation and mobility issues.

It provides:

- Shuttle bus services.
- School transportation.
- Special event transportation.
- Employee lunchtime shuttle.
- Employee Transportation Coordinator (ETC) contract services.
- Transport information and referral.
- Commuter baseline survey.
- Guaranteed/Emergency Ride Home.



Walking and Cycling Improvements

- More investment in sidewalks, crosswalks, paths and bike lanes.
- Improved roadway shoulders.
- More traffic calming.
- Bicycle parking and changing facilities.
- Encouragement, education and enforcement programs.



School & Campus Transport Management

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Programs that encourage parents and students to use alternative modes to travel to schools, colleges and universities.

Distance-Based Pricing



Motorists pay by the vehiclekilometre, so a \$600 annual premium becomes 3¢/km and a \$2,000 annual premium becomes 10¢/km. This gives motorists a significant financial incentive to drive less, but is not a new fee at all, simply a different way to pay existing fees.

Location-Efficient Development

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- Locate affordable housing in accessible areas (near services and jobs, walkable, public transit).
- Diverse, affordable housing options (secondary suites, rooms over shops, loft apartments).
- Reduced parking requirements.
- Reduces property taxes and utility fees for clustered and infill housing.

Parking Management

ALMONS STATISTICS



- More flexible parking requirements.
- Share parking spaces rather than having assigned spaces.
- Charge users directly for parking, rather than indirectly through taxes and rents.
- Parking Cash Out (employees who current receive free parking are able to choose a cash benefit or transit subsidy instead.)

Parking Pricing and Cash Out

Parking is never really free, consumers either pay directly or indirectly. Paying directly tends to be more fair and efficient, and typically reduces parking demand about 20%.



Example - Old Pasadena

Parking meters installed to increase turnover and make spaces available to customers. A Parking Meter Zone (PMZ) was established. Revenues are invested in:

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- Street furniture
- Trees
- Police patrols
- Better street lighting,
- More street and sidewalk cleaning
- Pedestrian facility improvements
- Downtown marketing



Reform Planning Practices

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- Least-cost planning: equal funding for mobility management solutions.
- Multi-modal planning: create a diverse and integrated transportation system.



Kamloops TravelSmart Program

Reduces planned road expenditures by 75%, reduces pollution and improves travel options. Consists of the following:

- City's official plan favors compact development.
- Improved public transit-increased frequency of service to outlying communities.
- Additional cycle routes and cycling initiatives.
- Promotional programs-workshops and seminars in schools.



Smart Growth (Density, Design, Diversity)

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- More **compact**, infill development.
- Mixed land use.
- Increased **connectivity**.
- Improved walkability.
- Urban villages.
- Increased transportation **diversity**.
- Better parking management.
- Improved **public realm**.
- More traffic calming and speed control.





Land Use Impacts On Travel



Sprawl Is Costly

- Increased infrastructure and public service costs.
- Reduces housing options (particularly multi-family)
- Reduced travel options.
- Increased transportation and delivery costs.
- Environmental costs.



Example – Lancaster, CA

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Development fees calculated by civil engineering firm based on actual costs. Fees for a typical house located near the city edge are \$5,500, but increase to \$10,800 if located a mile away. Shifted development to smarter growth locations.

Supported by Professional Organizations

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- Institute of Transportation Engineers.
- American Planning Association.
- American Farmland Trust.
- Federal, state, regional and local planning and transportation agencies.
- International City/County Management Association
- National Governor's Association
- Health organizations.
- And much more...

Example: Malahat Highway

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Several options are being considered for addressing congestion problems on the Malahat highway north of Victoria, BC. Current proposals would cost half- to onebillion dollars, with annualized costs of \$30 to \$60 million.



Malahat Improvement Options

	Option 1	Option 2	Option 3	Option 4
	Widen Highway	Saanich Inlet Bridge	Rail Service	Bus/vanpool and TDM
Annualized capital costs (millions)	\$40	\$50	\$12	\$1
Incremental annualized operating costs (millions)	\$2	\$4	\$3	\$1
Total annualized cost (millions)	\$42	\$54	\$15	\$2

Bus/Vanpool and TDM

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- Bus service: 20-minute headways.
- Bus fares: \$3-8 each way, depending on distance.
- Vanpool subsidy: 20% subsidy (\$80 per month)
- Commute trip reduction programs covering a third of commuters.
- HOV priority saves 3-5 minutes per trip.
- Targeted marketing along corridor.
- Encourage parking cash out and Pay-As-You-Drive insurance.
- Improve user information services.

Results: 10-20% shift



Comparing Benefits

Planning Objectives	Widen Highway or Bridge	Quality Public Transit & TDM
Reduce congestion (direct/downstream)	√/×	\checkmark
Parking cost savings	×	\checkmark
Consumer cost savings	×	\checkmark
Better mobility options		\checkmark
Traffic safety	√/×	\checkmark
Reduce pollution	×	\checkmark
Energy conservation	×	\checkmark
land use objectives	×	\checkmark
Improved fitness & health		\checkmark

 \checkmark = supports objective

× = contradicts objective

Aggressive Program

- Bus service: 10-minute headways, with express service.
- Bus fares: \$2 to Duncan, \$3 to Nanaimo
- Vanpool subsidy: 50% subsidy
- Enhanced vanpool services: part-time options, synchronized to meet transit, luxury vans, etc.
- Commute trip reduction covering 60% commuters.
- HOV priority saves 10+ minutes per trip.
- General and personal marketing.
- Priced parking, parking cash out, and PAYD insurance.
- \$2 per peak-period trip road user fee.
- Aggressive tourist transport management.
- Real-time user information.

Results: 15-30% shift without road pricing, 20-40% with.



Benefits



Economic

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- Reduces congestion, improves mobility.
- Reduced road & parking facility costs.
- Consumer cost savings.
- Supports regional economic development.

Social

- Improved travel options for non-drivers.
- Improved safety and fitness.

Environmental

- Energy conservation and pollution reduction.
- Reduced land consumption.

Motorists Benefit Too

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Mobility Management strives for balance. It is no more "anti-car" than a healthy diet is anti-food. Motorists have every reason to support it:

- Reduced traffic and parking congestion.
- Improved safety.
- Improved travel options.
- Reduced chauffeuring burden.
- Positive incentives.
- Often the quickest and most cost effective way to improve driving conditions.





"Understanding Smart Growth Savings"
"The Future Isn't What It Used To Be"
"If Health Matters"
"Online TDM Encyclopedia" and more...
WWW.Vtpi.org